

# Ryan's 5K Run/Walk

Saturday, June 8, 2024

3:30 pm START

Congregational Church of Phillipston ~ The Common ~ Phillipston, MA 01331

**Entry Fee: \$25 non-refundable. Check payable to: Ryan Twohey Scholarship Fund**

**Proceeds from this event will go to the Ryan Twohey Scholarship Fund**

Mail Application and Entry Fee to: **Ryan's 5K RUN/WALK**  
C/O Jean Twohey  
275 Ward Hill Road  
Phillipston, MA 01331

EMAIL: [jctwohey@gmail.com](mailto:jctwohey@gmail.com)

## PERFORMANCE T-SHIRTS for all 5K PARTICIPANTS THAT REGISTER BY MAY 18th

(Additional T-Shirts may be available on June 8<sup>th</sup>, but not guaranteed)

**Race Day: Registration & Number pick up starts at 2:00 pm**

**Awards:** First male and female runners / First male and female walkers

**Course:** Road grade with some bumps, and a long grade uphill before finishing at the Phillipston Common. -

Event: 5K Run \_\_\_\_\_ 5K Walk \_\_\_\_\_

Shirt Size: **Adult** - XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ LG \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_

Name (Print) \_\_\_\_\_ Age on race day \_\_\_\_\_ Gender M \_\_\_\_\_ F \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email (for race updates) \_\_\_\_\_

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the sponsors, coordinating groups and the individuals associated with this event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to complete in the Ryan's 5K Run/Walk, further, I grant full permission to any and all of the foregoing to use photographs, video, motion pictures, recordings and/or any other records of this event of myself along or with others for legitimate purposes. I understand that pacing bicycles, skateboards, roller skates (or blades) and animals are not allowed in the race.

Signature (parent if under 18) \_\_\_\_\_ Date \_\_\_\_\_

**There is a Chicken BBQ dinner from 4:30 pm to 6:30 pm. We encourage all participants to support the Phillipston Congregational Church and eat after the race. Tickets are limited, so call ahead and leave a message to reserve at 978-894-3683 with Pam Campos.**



**\*\*\*Please only include the race entry fee with this application\*\*\***

